

VICKI L. GLUHOSKI, Ph.D

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EDUCATION

- 1988 - 1993 State University of New York at Stony Brook
Graduate Program in Clinical Psychology
Ph.D. in Clinical Psychology
July, 1993
- Dissertation Topic: The Impact of Trauma on World
 Views
 Adviser: Camille B. Wortman, Ph.D.
- 1991 State University of New York at Stony Brook
M.A. in Psychology
Master's Thesis: Social Comparison and Self-Schemata
- 1988 University of Pennsylvania
B.A. in Psychology, Minor in English

POST GRADUATE EDUCATION AND TRAINING

- 1994 - 1996 Cornell University Medical College
HIV Clinical Research Program
Post - doctoral Fellow
- 1993 - 1994 Center for Cognitive Therapy
University of Pennsylvania
Post – doctoral Fellow
- 1992 - 1993 Veterans Affairs Medical Center
Northport, New York
Clinical Internship

ACADEMIC APPOINTMENTS

June 2019 - Present	Icahn School of Medicine at Mount Sinai, Assistant Clinical Professor, Department of Psychiatry
1998 - 1999	Columbia University College of Physicians and Surgeons, Assistant Professor of Clinical Psychology in Psychiatry

CLINICAL EXPERIENCE

Private Practice New York, New York Dec. 1996 - present	Applying cognitive behavior therapy to a diverse adult population. Provide supervision and training.
Montclair, New Jersey Oct. 2000 – present	
Cornell University Medical Center New York, NY Dec. 2003-June 2005	Served as a facilitator for a secondary post-traumatic stress disorder group, providing services for staff clinicians.
Cognitive Therapy Center of New York New York, NY Nov. 1994- Dec. 1996	Provided cognitive behavior therapy to adult outpatients. Received additional training in schema-focused cognitive therapy.
Jeffrey Young, Ph.D., Director	
Cornell Psychotherapy Center New York, NY Sept. 1994 – Apr. 1996	Treated a diverse outpatient population with cognitive behavior therapy. Served as a cognitive behavior therapist for HIV-positive depressed patients in a study comparing interventions. Also treated dysthymic patients in a research protocol.
John Markowitz, M.D and Baruch Fishman, Ph.D., Directors	
Center for Cognitive Therapy University of Pennsylvania Philadelphia, PA Sept. 1993- Aug. 1994	Utilized cognitive behavior therapy for outpatients with a variety of disorders. Conducted evaluations using both structured and unstructured measures.
Aaron T. Beck, M.D., Director	

Veterans Affairs Medical Center
Northport, NY
Sept. 1992- Aug. 1993

Evelyn Sandeen, Ph.D., Director of
Training

Treated clients in several modalities including group and family therapy. Gained experience in a psychodynamic model. Rotations included acute inpatient, inpatient post-traumatic stress disorder, and health psychology. Completed projective test batteries.

Psychological Center
SUNY at Stony Brook
Stony Brook, NY
Sept. 1989- Aug. 1992

David Pomeranz, Ph.D., Director

Provided cognitive behavior therapy to children and adults. Administered test batteries assessing intelligence and aptitude.

Obsessive-Compulsive Research and Treatment Program Health Sciences Center
Stony Brook, NY
Aug. 1990-Aug. 1992

Michele T. Pato, M.D., Director

Provided cognitive behavior therapy for clients with obsessive-compulsive spectrum disorders. Served as consultant for psychiatric residents. Conducted assessment interviews.

TEACHING AND SUPERVISORY EXPERIENCE

MOUNT SINAI HEALTH SYSTEM
New York, NY

East Harlem Health Outreach Partnership
Feb. 2019 - Current

Serve as Program Director, supervisor and instructor for a cognitive behavior therapy program serving uninsured patients, utilizing medical students and graduate students as clinicians.

Program in Global Mental Health
Sept. 2017- Current

Consult and supervise cognitive behavior therapy projects with graduate students, psychiatry residents, and attendings. Developed and implemented cognitive behavior therapy training program on site in Liberia in collaboration with Jimmy Carter Foundation.

Beth Israel Medical Center

June 2006 – June 2017

Provided cognitive behavior therapy training and supervision to psychology graduate students and interns, psychiatry residents and fellows, attending psychiatrists, and other providers of psychiatric care. Developed and taught a 10 month seminar on cognitive behavior therapy to graduate students and residents. Developed and supervised a cognitive behavior therapy research protocol for geriatric hoarding. Evaluated trainees' progress with adherence and competence measures. Mentored students on cognitive behavior therapy conference presentations and research. Led a weekly staff cognitive behavior therapy supervision group. Coordinated cognitive behavior therapy guest speaker events.

**Department of Rehabilitation
Medicine**

Jan. 2005 – Dec. 2009

Consultant for a research group applying cognitive behavior therapy to depressed traumatic brain injury patients at Mt. Sinai Hospital, New York. Responsibilities included developing the treatment, training staff, and supervision.

BECK INSTITUTE

Bala Cynwyd, PA

Oct. 2017- Current

Jan. 2007-July 2007,

Jan. 2005- July 2005,

Nov. 2002- July 2003

Provide cognitive behavior therapy training and supervision to clinicians. Rate therapist competence in cognitive therapy.

YESHIVA UNIVERSITY

Ferkauf Graduate School of Psychology

New York, NY

Sept. 2003 - June 2006

Adjunct cognitive behavior therapy clinical supervisor for psychology graduate students.

RESEARCH EXPERIENCE

**New York Hospital-Cornell Medical
Center**

Oct. 2000- July 2001

Served as an evaluator for a research protocol comparing psychotherapies for dysthymia.

New York State Psychiatric Institute
July 1997- Dec. 1999

Worked as a project director for a study investigating intravenous anafranil for OCD. Duties included organization and management of study protocol, patient evaluation, and staff supervision.

Memorial Sloan-Kettering Cancer Center
May 1996 –June 1997

Worked as a senior research associate in the area of adjustment to cancer and AIDS. Responsibilities included developing research ideas, data analysis, completing manuscripts, and assisting with grant writing.

**Center for Psychotherapy Research
University of Pennsylvania**
Oct. 1996- Dec. 1996

Worked as a rater and consultant in developing guidelines and reliability for a measure of cognitive behavior therapists' competence.

New York Hospital-Cornell Medical Center
Sept. 1994- Apr. 1996

Served as a research fellow investigating bereavement and psychological distress associated with AIDS, with Dr. Baruch Fishman.

University of Pennsylvania
Sept. 1993- Aug. 1994

Collaborative research with Dr. Aaron T. Beck and associates, University of Pennsylvania, looking at life events and psychopathology.

SUNY Stony Brook
Jan. 1990- Aug. 1993

Worked with Dr. Camille B. Wortman examining bereavement, stress, and coping with trauma.

Aug. 1990- Aug 1992

Investigated pharmacological and behavioral treatments for anxiety disorders, with a focus on obsessive-compulsive disorder, with Dr. Michele T. Pato.

Sept. 1988- Dec. 1992

Coder for Dr. Marvin R. Goldfried in studies of psychotherapy process research.

Jan. 1989- Aug. 1990 Examinated social comparison processes and health psychology with Dr. Joanne V. Wood.

University of Pennsylvania
May 1989- June 1991 Coder for Dr. Paul Crits- Christoph in research investigating psychotherapy process.

Jan 1985- Aug. 1988 Collaborative research with Dr. Martin E.P. Seligman in the area of attributional style, depression, and physical health.

Sept. 1984- June 1988 Research Assistant to Dr. Ellen Freeman in the study of pharmacological and behavioral intervention for pre-menstrual syndrome.

ACADEMIC AND PROFESSIONAL HONORS

Max Needleman award for Excellence in Teaching 2008 and 2014
Mount Sinai Beth Israel Medical Center Psychiatry Department

National Science Foundation Fellow
Three year full tuition and stipend award, 1988 - 1991

Graduated *Cum Laude*, University of Pennsylvania, 1988

REVIEWER EXPERIENCE

2002 Reviewer for Journal of Cognitive Psychotherapy

1997 Consultant to American Psychiatric Press

PROFESSIONAL AFFILIATIONS

American Psychological Association

Association of Behavioral and Cognitive Therapies

Academy of Cognitive Therapy (Founding Fellow)

PUBLICATIONS

Journal Articles

- Siegel, K., Gluhoski, V.L., & Gorey, E. (1999). Age-Related Distress Among Young Women with Breast Cancer. Journal of Psychosocial Oncology,17, 1 - 20.
- Siegel, K., Gorey, E., & Gluhoski, V.L. (1997). Pregnancy Decision-Making Among Women Previously Treated for Breast Cancer. Journal of Psychosocial Oncology,15, 27 - 42.
- Siegel, K., Gluhoski, V.L., & Karus, D. (1997). Coping and Mood Outcomes in HIV-positive Women. Psychological Reports,1, 435-442.
- Gluhoski, V., Siegel, K., & Gorey, E. (1997). Unique Stressors Experienced by Unmarried Women with Breast Cancer. Journal of Psychosocial Oncology,15, 173-183.
- Gluhoski, V., Fishman, B., & Perry, S. (1997). Moderators of Bereavement Distress in a Gay Male Sample. Personality and Individual Differences,23, 761 - 767.
- Gluhoski, V., Fishman, B., & Perry, S.W. (1997). The Impact of Multiple Bereavement in a Gay Male Sample. AIDS Education and Prevention,9, 521 - 531.
- Gluhoski, V. (1997). Case Report: Cognitive Therapy with an HIV-positive Depressed Gay Man. Journal of Cognitive Psychotherapy,11, 37 - 44.
- Gluhoski, V., & Wortman, C. B. (1996). The Impact of Trauma on World Views. Journal of Social and Clinical Psychology,15, 417 - 429.
- Gluhoski, V.(1996). Cognitive Therapy with Clients Newly Diagnosed As HIV-Positive.Psychotherapy,33, 441 - 448.
- Gluhoski, V. (1995). A Cognitive Perspective on Bereavement: Mechanisms and Treatment. Journal of Cognitive Psychotherapy, 9, 75 - 84.
- Gluhoski, V. (1995). A Cognitive Approach for Treating Trichotillomania. Journal of Psychotherapy Practice and Research, 4, 277 - 285.
- Gluhoski, V. (1994). Misconceptions of Cognitive Therapy. Psychotherapy, 31, 594 - 600.
- Pato, M. T., & Gluhoski, V. (1992). Serotonin and Effect Sizes of Antiobsessive Agents. American Journal of Psychiatry, 149, (3), 420 - 421.

Book Chapters

- Gluhoski, V. (2002). Cognitive Therapy with a Depressed HIV-Positive Gay Man. In R. Leahy & E.T. Dowd (Eds.), Clinical Advances in Cognitive Psychotherapy: Theory and Application, pp. 389 - 398. New York: Springer.
- Young, J., & Gluhoski, V. (1997). A Schema-Focused Perspective on Satisfaction in Close Relationships. In R. Sternberg & M. Hojjat (Eds.), Satisfaction in Close Relationships, pp. 356-381. New York: Guilford Press.
- Gluhoski, V., & Young, J. (1997). Schema-Focused Therapy: State of the Art. In I. Caro (Ed.), Handbook of Cognitive Psychotherapies, pp. 261 - 274. Barcelona: Editorial Paidos.
- Young, J., & Gluhoski, V. (1996). Schema-Focused Diagnosis for Personality Disorders. In F. Kaslow (Ed.), Handbook of Relational Diagnosis and Dysfunctional Family Patterns, pp. 300 - 320. New York: Wiley.
- Gluhoski, V., Wortman, C. B., & Leader, J. (1994). Bereavement. In The Encyclopedia of Human Behavior. New York: Academic Press.
- Wortman, C. B., Sheedy, C., Gluhoski, V., & Kessler, R. (1991). Stress, Coping, and Health: Conceptual Issues and Directions for Future Research. In H. Friedman (Ed.), Hostility, Coping, and Health. New York: American Psychological Association Press.

Presentations

- Gluhoski, V. (2018, October). Thought Leader Panel: Dissemination and Implementation of Cognitive Behavior Therapy. Invited presentation at the Beck Institute Excellence Summit.
- Gluhoski, V., Dimond, J., & Bhingradia, H. (2013, June). Cognitive Therapy Supervision with Psychodynamically Oriented Trainees: Supervisor and Trainee Perspectives. Paper presented at the annual meeting of the Society for the Exploration of Psychotherapy Integration.
- Gluhoski, V., Erhan, H., Roane, D., Buchanan, A., & Sudak, D. (2011, May). Multiple Perspectives on Overcoming Challenges to CBT Training for Residents. Paper presented at the annual meeting of the American Psychiatric Association.
- Erhan, H., Roane, D., Blackman, C., Gluhoski, V., & Sudak, D. (2010, March). Multiple Perspectives on Overcoming Challenges to CBT Training for Residents. Paper presented at the annual meeting of the American Association of Directors of Psychiatry Residency Training.
- Ehrlich, M., Gluhoski, V., Kurtz, B., Roane, D., Ruble, M., & Winston, A. (2008, March). Efficacy, Ethics, and a Review of the Evidence Base in the Development of an Instrument

for Video Supervision. Paper presented at the annual meeting of the American Association of Directors of Psychiatry Residency Training.

Gluhoski, V. (1996, November). Mediators of Bereavement Distress in a Gay Male Sample. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy.

Gluhoski, V. (1996, November). AIDS-Related Bereavement. Symposium chairperson of panel presented at the annual meeting of the Association for the Advancement of Behavior Therapy.

Gluhoski, V., Fishman, B., & Perry, S.W. (1996, May). Mediators of Bereavement Distress in a Gay Male Sample. Poster presented at the annual meeting of the American Psychiatric Association, New York, New York.

Wortman, C. B., & Gluhoski, V. (1991, June). Some Preliminary Results from the National Widowhood Study. Paper presented at the annual meeting of the American Psychological Society, Washington, D.C.